

PE Curriculum Overview

Year group	Term					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Walking 1	Hands 1- Ball Skills	High, low, over, under- Gymnastics	Ourselves- Dance	Feet 1- Ball Skills	Games for Understanding- Team Games
	Jumping 1					
Y1	Running 1	Ball Skills Hands 1	Ball Skills Feet 1	Ball Skills Hands 2	Tactics Games for Understanding	Team building
	Gymnastics Wide, Narrow and Curled	Dance The Zoo	Gymnastics Body Parts	Jumping 1	Dance Growing	Health and Well being
Y2	Games for Understanding- Team Games	Tactics Dodging	Ball Skills Hands 2	Jumping 1	Orienteering	Tactics Games for Understanding
	Gymnastics Linking	Dance Water	Gymnastics Pathways	Dance Explorers	Ball Skills Feet 1	Health and Well being
Y3	Game skills Communication and Tactics	Cricket	Football	Accuracy vs Distance Throwing and Jumping	Hockey	Athletics Running
	Gymnastics Symmetry and Asymmetry	Dance Weather	Dance responding to stimuli Wild Animals	Basketball	Orienteering	Tennis
Y4	Games Skills Communication and Tactics	Athletics	Hockey	Swimming	Tennis	Rounders
	Gymnastics Bridges	Handball	Dance- Cats/ Swimming	Dance- Space	Swimming	Athletics Running
Y5	Health Related Exercise	Football	Hockey	Orienteering	Tennis	Rounders
	Swimming	Swimming	Dance The Circus	Dance The Circus	Cricket	Athletics
Y6	Hockey	Cricket	Basketball	Football	Athletics	Rounders
	Game Skills Communication and Tactics_ OAA	Dance Carnival	Gymnastics- Matching and Mirroring	Dodgeball	Badminton	Health related exercise